

LINER NOTES

"From the Angelic Harp Realm - The Best of Christina Tourin"

Disc 1 (66:41)

01 Harbor Cove (4:56) - Sitting at Pemaquid Point Harbor on the Maine coast, this composition grew from creating sound spirals, representing periwinkles that children found while Christina played the harp to the ocean waves.

From the albums: Illuminations and Harp Seal Lullaby

Guest Performer: Kim Robertson, harp

02 Tranquility/Reflections (7:03) - This composition was born while in Ireland sitting by a stream, accompanied by trickling sounds and reflections of light.

From the albums: Illuminations and Harp Seal Lullaby

03 Gentle Souls (3:29) - A mighty oak tree was the setting for this song. A time of peace, love and being at one with the Universe took place while the birds were singing and the gentle mountain deer appeared.

From the album: Illuminations

04 In the Glow (6:21) - The sun shines on the Isle of IONA in Scotland.

Dun I Mountain casts a luminous glow that fills the heart with EICSE.

EICSE = The Divine Light where the veil is thin at the brink of the waters.

From the album: IONA Inspirations

Guest performers: Chas Eller, keyboard; David Eastoe, guitar

05 Passacaglia - Handel Healing Harp (5:00) - If George F. Handel were living today, his music would be as healing now as it has been through the ages.

This has been arranged to fit on the lovely, delicate sounding Celtic Harp.

From the album: Geodepédie - Hidden Light

Guest performers: Suzanne Doucet, synth; Peter Sprague, guitar

06 Unité (3:59) - A composition which sends out hope for unity among nature and cultures to respect that we are all created by a powerful Source.

From the albums: Echoes of Angels and Illuminations

Guest Performers: Christine Alicot, flute; Salina Briseno, vocals

07 Prelude in C (2:46) - J.S. Bach.

From the album: White Rose

08 Love of Creation/The Dove (4:41) - The theme Love of Creation is like the gold and orange autumn leaves that were falling one Indian Summer in the notorious maple tree foliage of Vermont.

From the album: Illuminations

09 Anam Cara (2:47) - Anam Cara in Gaelic means Soul Friend. This is a person with whom you communicate on such a deep level that you find that you don't even need words. It is the true meaning of unconditional love.

From the album: Illuminations

10 Carrickfergus (2:39) - A reminiscent lament of one of the most beautiful Irish airs. From the album: Emerald Harp

11 Music IS Love (2:11) - Music is the universal language that we can all understand. It is pure LOVE. The composition was a special request from a dear mystic from whom Christina has learned so much!

From the album: Geodepédie - Hidden Light

12 Geodepédie - Hidden Light (4:52) - Christina incorporated the beautiful geodes of this planet which gleam with light when first opened!

From the album: Geodepédie - Hidden Light

Guest Performers: Buvana Gerlach, vocals; Lies Joosten, harp

13 White Rose (2:56) - This is the very first piece Christina composed while sitting by a stream in the Redwood Forest of California. A deep experience opened the door to let the Angelic Realm send a multitude of songs to result in her learning how to simply LET GO!

From the album: Illuminations

14 Avondale (3:01) - In Ireland there is a place where mountain streams flow down to the dale in the valley. This picturesque place is called Avondale.

From the album: Emerald Harp

Guest Performers: William Jackson, flute; Peter Sutherland, fiddle

15 Sky's Invitation (5:52) - The introduction of this song is built on the 4th octave overtones of music, which creates what is known as "Music of the Spheres," based on frequencies of the planets. This was composed at the White Strand of the Monks in IONA.

From the album: IONA Inspirations

Guest Performer: David Eastoe, guitar/synth

16 Clair de Lune (3:37) - C. Debussy - The silver moon draws nigh in the evening sky. The calls from distant loons are heard as they fly in swirls of rapture. Christina danced ballet while her mother played this song on harp.

From the album: Echoes of Angels

Disc 2 (66:11)

01 Imaginings (4:44) - A joyful tune composed to think how life can be and to honor friendships! [New Release](#)

From the album: From the Angelic Harp Realm - The Best of Christina Tourin

Guest Performer: Peter Sprague, guitar

02 Colors of the Season (2:56) - Sparkles of snow crystals in the winter, budding blossoms opening their beauty in the spring, variegated green leaves on a bright summer day, the crunchy and spicy aroma of autumn.

What a smorgasbord of senses with the Colors of the Season!

From the album: Geodepédie - Hidden Light

Guest Performer; Peter Sprague, guitar/synth

03 Amethyst Of Avalon (3:29) - Gems from within the Earth shine their light in hues of violet, emerald green, sapphire blue, golden citrine, and ruby red.

Nature has painted our Earth with gorgeous gems.

From the album: Geodepédie - Hidden Light

Guest Performer: Buvana Gerlach, vocals

04 Willow (5:49) - Swaying in the breeze, draping the scenery, the Willow tree creates calm to our eyes.

From the album: Prayer for the Living Trees

Guest Performer: Steve Kujala, flute

05 Fingal's Cave and The Sea (4:37) - In 1829, Felix Mendelssohn traveled to the Scottish island; Staffa and wrote The Hebrides Overture. Christina and Steve Kujala add a twist to this Overture, also known as Fingal's Cave.

From the album: IONA Inspirations

Guest Performer: Steve Kujala, flute

06 Canon in D (6:00) - J. Pachelbel. A favorite tune for all occasions.

From the album: Echoes of Angels

Guest Performer: Regina Christianson, vocals

07 Shadow Spirit (2:48) - From 3-year old son Mischa "Do you know where your shadow comes from? From your Pirit, (Spirit)"

A favorite song of the harpists!

From the album: White Rose

08 Light of Life (5:30) - This song grew from an exercise we do in the HarpTherapyInternational.com program - creating both the Light and Dark through sound and art.

From the album: Starlight

Guest Performers: Karen Kevra, flute; Judith Hitt, cello

09 The Swan (3:50) - C. Saint-Saëns – The Carnival of the Animals.

From the album: Echoes of Angels

Guest Performers: Karen Kevra, flute; Judith Hitt, cello

10 Reminisce (3:58) - Think of all those memories we tuck away, only to have them surface when we least expect them. This is a heartfelt and reflective tune for how life used to be, and how we are always faced with change; the sweet memories still remain with us.

From the album: Geodepédie - Hidden Light

11 As Above So Below (8:39) - When one stands out on a warm summer night staring at the dark sky, one cannot help realize the complete mystery that surrounds us. It is all so perfect.

From the album: Geodepédie - Hidden Light

Guest Performer: David Eastoe, guitar/keyboard

12 Birch (4:57) - This folk song of Russia opens with an indigenous drumbeat. Christina, growing up in the state of Maine, remembers beautiful birch trees.

From the album: Prayer for the Living Trees

Guest Performers: Steve Kujala, flute; Tom Aros, percussion

13 Adante (5:54) - Christina plays from her favorite composer Vivaldi.

This beautiful instrumental duet is played on two harps. Both harps are Celtic but with different string qualities. Gut strings, and nylon strings.

From the album: Angel Airs

14 Cherubim (2:25) - What better way to end our journey From the Angelic Harp Realm than to honor the Angels that are among us. May the Cherubim, the Seraphim and Archangel Michael watch over us. May we come to know and follow our own Angel guide while on this Earth to learn, to help, to spread LOVE and to praise this amazing experience called LIFE!

From the album: Echoes of Angels